

# Health Requirements

## Health History

- Complete the front and back of the attached Health History Form, including your record of your child's immunizations.

## Physical Exam

- Pennsylvania Department of Health regulations require that all children entering school for the first time have a physical examination. This examination may be completed up to twelve months prior to the beginning of school by the child's physician, at the parent's expense or may be completed during the school year by our school physician, free of cost.

## Dental Exam

- Similarly, the Pennsylvania Department of Health also requires school age children to have dental examinations upon entry into school. This examination may be completed up to twelve months prior to the beginning of school by the child's family dentist, or may be completed during the school year by our school dentist. (School Dental Health Record – form attached)

## Immunizations

- In addition, parents must provide written proof of their child's immunization record. This written record must include the month, day and year for each immunization and will be reviewed by the school nurse prior to the first day of school.

***The immunizations and the number of required doses are listed below:***

- 4 doses of tetanus\* (1 dose on or after the 4<sup>th</sup> birthday)
- 4 doses of diphtheria\* (1 dose on or after the 4<sup>th</sup> birthday)
- 3 doses of polio
- 2 doses of measles\*\*
- 2 doses of mumps\*\*
- 1 dose of rubella (German measles)\*\*
- 3 doses of hepatitis B
- 2 doses of varicella (chickenpox) vaccine or history of disease (new regulation for 2010/2011 school year)

\*Usually given as DTP or DtaP or DT or Td

\*\*Usually given as MMR

***Children will not be permitted to enter school until a record of immunizations is provided and all required immunizations are verified. Parents are advised to start checking their child's immunization records now in order to make up any deficiencies prior to the start of school.***

HEALTH HISTORY

Student's Name: \_\_\_\_\_  
Last First Middle Date of Birth

Medications (name and dose): \_\_\_\_\_  
\_\_\_\_\_

Does your child have any of the following?  
Allergy (Type): \_\_\_\_\_  
\_\_\_\_\_

Asthma: \_\_\_\_\_ Seizures: \_\_\_\_\_ Diabetes: \_\_\_\_\_ Headaches: \_\_\_\_\_

Dental Problems (explain): \_\_\_\_\_

Hearing Problems (explain): \_\_\_\_\_

Eye Problems (explain): \_\_\_\_\_  
\_\_\_\_\_ Wears Glasses \_\_\_\_\_ Wears Contacts

Hospitalizations / Operations(Reasons / Dates): \_\_\_\_\_  
\_\_\_\_\_

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Anemia                    | <input type="checkbox"/> Heart Murmur            | <input type="checkbox"/> Rheumatic Fever                 |
| <input type="checkbox"/> Arthritis                 | <input type="checkbox"/> Hepatitis (Type: _____) | <input type="checkbox"/> Scarlet Fever                   |
| <input type="checkbox"/> Blood Pressure Problems   | <input type="checkbox"/> HIV / AIDS              | <input type="checkbox"/> Sinus Problems                  |
| <input type="checkbox"/> Carcinoma or Tumors       | <input type="checkbox"/> Measles                 | <input type="checkbox"/> Skin Condition (Type: _____)    |
| <input type="checkbox"/> Chicken Pox (Date: _____) | <input type="checkbox"/> Meningitis              | <input type="checkbox"/> Strep Throat                    |
| <input type="checkbox"/> Constipation              | <input type="checkbox"/> Mononucleosis           | <input type="checkbox"/> Tuberculosis / Positive TB test |
| <input type="checkbox"/> Diarrhea                  | <input type="checkbox"/> Mumps                   | <input type="checkbox"/> Urinary Tract Infections        |
| <input type="checkbox"/> Eczema                    | <input type="checkbox"/> Pneumonia               | <input type="checkbox"/> Whooping Cough                  |
| <input type="checkbox"/> Heart Disease             | <input type="checkbox"/> Polio                   |  |

Other Illness(specify): \_\_\_\_\_

Emotional / Behavioral History (Note special problems / age of occurrence):

Anger: \_\_\_\_\_ Depression: \_\_\_\_\_  
Eating Disorder: \_\_\_\_\_ Wetting / Soiling: \_\_\_\_\_  
Other: \_\_\_\_\_

Is your child restricted in physical activities?(explain) \_\_\_\_\_  
\_\_\_\_\_

Learning Disabilities (explain): \_\_\_\_\_

Speech Difficulty (explain): \_\_\_\_\_

\_\_\_\_\_ I prefer the family physician's examination of my child

\_\_\_\_\_ I prefer the school physician to examine my child

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_